

# 90 DAYS OF FOCUS

Arbonne Independent Consultant

# GETTING STARTED CHECKLIST

- SIGN UP + SHOP**
- CONNECT**
- SHARE**
- GROW**
- READY, SET, WORK!**
  - PRINT 90 DAYS OF FOCUS ACTIVITY TRACKER**
  - BOOK "GOALS + DREAMS" SESSION WITH MENTOR AND VP**
    - + Why
    - + List
    - + Goals
    - + Dailies
- FIND 12, TEACH 3 (fill your calendar)**
  - + Host events
  - + Team events
  - + 1:1s
- PROMOTE**
  - + District Manager
  - + Area Manager Qualification
- PLUG IN**
  - + Join team Facebook page (see announcement post)
  - + Download business building apps
  - + Set up "Next Steps" strategy session with mentor and VP
  - + Register for conferences and incentive trips
  - + Team website: [www.rethinkpossiblenation.com](http://www.rethinkpossiblenation.com) (password: ENVP2022)

**if you never  
chase your  
dreams, you  
will never  
catch them.**

# 21 REASONS WHY

Make a list of 21 REASONS WHY you want to do this business. Your #1 reason should be something that makes you cry or makes the hair on your arms stand up straight. It needs to mean something to you. It should have an IMPACT when times get hard and you question why you're doing this. After that, begin listing all those other reasons why you're doing the business. Creating a college fund for your kids, saving for vacations, time freedom, remodeling your house. Whatever gets you the most excited about making this business work, is what you should put. If you've done all that and still haven't filled up the list you'll want to start thinking and dreaming bigger with it. Imagine for a minute that you're already hugely successful in this business and are able to do whatever you want with your money. Where would you travel? What causes would you donate to? What would you do with your extra time? Would you volunteer to help special needs kids, or go on a mission trip to Africa? Dream Big here!

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_
21. \_\_\_\_\_

# MY NETWORK

# sharing the gift

# reach out methods

## WHO DO YOU KNOW?

(ex: family, neighbors, coworkers, gym buddies, kid's friend's parents)

1.	<input type="checkbox"/>				
2.	<input type="checkbox"/>				
3.	<input type="checkbox"/>				
4.	<input type="checkbox"/>				
5.	<input type="checkbox"/>				
6.	<input type="checkbox"/>				
7.	<input type="checkbox"/>				
8.	<input type="checkbox"/>				
9.	<input type="checkbox"/>				
10.	<input type="checkbox"/>				
11.	<input type="checkbox"/>				
12.	<input type="checkbox"/>				
13.	<input type="checkbox"/>				
14.	<input type="checkbox"/>				
15.	<input type="checkbox"/>				
16.	<input type="checkbox"/>				
17.	<input type="checkbox"/>				
18.	<input type="checkbox"/>				
19.	<input type="checkbox"/>				
20.	<input type="checkbox"/>				
21.	<input type="checkbox"/>				
22.	<input type="checkbox"/>				
23.	<input type="checkbox"/>				
24.	<input type="checkbox"/>				
25.	<input type="checkbox"/>				
26.	<input type="checkbox"/>				
27.	<input type="checkbox"/>				
28.	<input type="checkbox"/>				
29.	<input type="checkbox"/>				
30.	<input type="checkbox"/>				

# sharing the gift

# reach out methods

## WHO DO YOU KNOW?

(ex: family, neighbors, coworkers, gym buddies, kid's friend's parents)

# sharing the gift

# reach out methods

## WHO DO YOU KNOW?

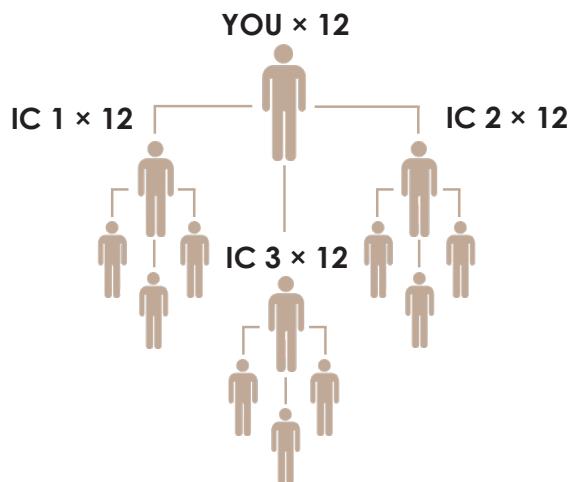
(ex: family, neighbors, coworkers, gym buddies, kid's friend's parents)

# *grow strong*

## MAKE HEALTHY LIVING YOUR BUSINESS

FIND 12, TEACH 3

THE POWER OF YOU + A TEAM



30 DAYS  
TO HEALTHY  
LIVING SET

	YOU	+1	+2	+3
363 QV	4,719 QV	9,438 QV	14,157 QV	18,876 QV

AGEWELL  
SET

	YOU	+1	+2	+3
295 QV	3,835 QV	7,670 QV	11,505 QV	15,340 QV

HEALTHY  
HABITS  
SET

	YOU	+1	+2	+3
209 QV	2,717 QV	5,434 QV	8,151 QV	10,868 QV

Use, love, share, teach, repeat.



Find 12, Teach 3

# MONTHLY GOAL TRACKER

## PERSONAL GOALS

Volume: \_\_\_\_\_

Enrollment: \_\_\_\_\_

### PERSONAL DEVELOPMENT

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## DREAM CONNECTIONS GOALS

### CONSULTANTS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

### CLIENTS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_

MONTH: \_\_\_\_\_

## TEAM GOALS

Volume: \_\_\_\_\_

Enrollment: \_\_\_\_\_

### IN QUAL

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### PROMOTING

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## CONVERSATIONS GOALS

- |           |           |
|-----------|-----------|
| 1. _____  | 21. _____ |
| 2. _____  | 22. _____ |
| 3. _____  | 23. _____ |
| 4. _____  | 24. _____ |
| 5. _____  | 25. _____ |
| 6. _____  | 26. _____ |
| 7. _____  | 27. _____ |
| 8. _____  | 28. _____ |
| 9. _____  | 29. _____ |
| 10. _____ | 30. _____ |
| 11. _____ | 31. _____ |
| 12. _____ | 32. _____ |
| 13. _____ | 33. _____ |
| 14. _____ | 34. _____ |
| 15. _____ | 35. _____ |
| 16. _____ | 36. _____ |
| 17. _____ | 37. _____ |
| 18. _____ | 38. _____ |
| 19. _____ | 39. _____ |
| 20. _____ | 40. _____ |

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# YOU DID IT!

*Executed + Enrolled*

MONTH: \_\_\_\_\_

## ENROLLED TEAM

Consultant 1: \_\_\_\_\_

Find: 1 2 3 4 5 6 7 8 9 10 11 12

Consultant 2: \_\_\_\_\_

Find: 1 2 3 4 5 6 7 8 9 10 11 12

Consultant 3: \_\_\_\_\_

Find: 1 2 3 4 5 6 7 8 9 10 11 12

## ENROLLED PCs

1. \_\_\_\_\_ QV: \_\_\_\_\_

2. \_\_\_\_\_ QV: \_\_\_\_\_

3. \_\_\_\_\_ QV: \_\_\_\_\_

4. \_\_\_\_\_ QV: \_\_\_\_\_

5. \_\_\_\_\_ QV: \_\_\_\_\_

6. \_\_\_\_\_ QV: \_\_\_\_\_

7. \_\_\_\_\_ QV: \_\_\_\_\_

8. \_\_\_\_\_ QV: \_\_\_\_\_

9. \_\_\_\_\_ QV: \_\_\_\_\_

10. \_\_\_\_\_ QV: \_\_\_\_\_

11. \_\_\_\_\_ QV: \_\_\_\_\_

12. \_\_\_\_\_ QV: \_\_\_\_\_

should.  
would.  
could.

did.

## EXECUTED EVENTS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

## EXECUTED 1:1s

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

Find 12, Teach 3

# MONTHLY GOAL TRACKER

## PERSONAL GOALS

Volume: \_\_\_\_\_

Enrollment: \_\_\_\_\_

### PERSONAL DEVELOPMENT

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## DREAM CONNECTIONS GOALS

### CONSULTANTS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

### CLIENTS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_

MONTH: \_\_\_\_\_

## TEAM GOALS

Volume: \_\_\_\_\_

Enrollment: \_\_\_\_\_

### IN QUAL

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### PROMOTING

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## CONVERSATIONS GOALS

- |           |           |
|-----------|-----------|
| 1. _____  | 21. _____ |
| 2. _____  | 22. _____ |
| 3. _____  | 23. _____ |
| 4. _____  | 24. _____ |
| 5. _____  | 25. _____ |
| 6. _____  | 26. _____ |
| 7. _____  | 27. _____ |
| 8. _____  | 28. _____ |
| 9. _____  | 29. _____ |
| 10. _____ | 30. _____ |
| 11. _____ | 31. _____ |
| 12. _____ | 32. _____ |
| 13. _____ | 33. _____ |
| 14. _____ | 34. _____ |
| 15. _____ | 35. _____ |
| 16. _____ | 36. _____ |
| 17. _____ | 37. _____ |
| 18. _____ | 38. _____ |
| 19. _____ | 39. _____ |
| 20. _____ | 40. _____ |

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# YOU DID IT!

*Executed + Enrolled*

MONTH: \_\_\_\_\_

## ENROLLED TEAM

Consultant 1: \_\_\_\_\_

Find: 1 2 3 4 5 6 7 8 9 10 11 12

Consultant 2: \_\_\_\_\_

Find: 1 2 3 4 5 6 7 8 9 10 11 12

Consultant 3: \_\_\_\_\_

Find: 1 2 3 4 5 6 7 8 9 10 11 12

## ENROLLED PCs

1. \_\_\_\_\_ QV: \_\_\_\_\_

2. \_\_\_\_\_ QV: \_\_\_\_\_

3. \_\_\_\_\_ QV: \_\_\_\_\_

4. \_\_\_\_\_ QV: \_\_\_\_\_

5. \_\_\_\_\_ QV: \_\_\_\_\_

6. \_\_\_\_\_ QV: \_\_\_\_\_

7. \_\_\_\_\_ QV: \_\_\_\_\_

8. \_\_\_\_\_ QV: \_\_\_\_\_

9. \_\_\_\_\_ QV: \_\_\_\_\_

10. \_\_\_\_\_ QV: \_\_\_\_\_

11. \_\_\_\_\_ QV: \_\_\_\_\_

12. \_\_\_\_\_ QV: \_\_\_\_\_

should.  
would.  
could.

did.

## EXECUTED EVENTS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

## EXECUTED 1:1s

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

Find 12, Teach 3

# MONTHLY GOAL TRACKER

## PERSONAL GOALS

Volume: \_\_\_\_\_

Enrollment: \_\_\_\_\_

### PERSONAL DEVELOPMENT

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## DREAM CONNECTIONS GOALS

### CONSULTANTS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

### CLIENTS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_

MONTH: \_\_\_\_\_

## TEAM GOALS

Volume: \_\_\_\_\_

Enrollment: \_\_\_\_\_

### IN QUAL

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### PROMOTING

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## CONVERSATIONS GOALS

- |           |           |
|-----------|-----------|
| 1. _____  | 21. _____ |
| 2. _____  | 22. _____ |
| 3. _____  | 23. _____ |
| 4. _____  | 24. _____ |
| 5. _____  | 25. _____ |
| 6. _____  | 26. _____ |
| 7. _____  | 27. _____ |
| 8. _____  | 28. _____ |
| 9. _____  | 29. _____ |
| 10. _____ | 30. _____ |
| 11. _____ | 31. _____ |
| 12. _____ | 32. _____ |
| 13. _____ | 33. _____ |
| 14. _____ | 34. _____ |
| 15. _____ | 35. _____ |
| 16. _____ | 36. _____ |
| 17. _____ | 37. _____ |
| 18. _____ | 38. _____ |
| 19. _____ | 39. _____ |
| 20. _____ | 40. _____ |

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# DAILY METHOD FOR SUCCESS



**20 minutes of personal development** (reading or audio)



**Gratitude list** — What are 5 things you are grateful for?

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 new asks** (biz, event, program, skin)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 follow-ups from asks**

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3-5 client/PC follow-ups** (service, renewals, PC rewards, etc.)

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_



**3 team member connections** (if u don't have a team yet, you will!)



**3 relationship-building actions**

(reach out to past contacts, comment or private message on social media, create new connections with a "Happy Birthday," etc.)



**Make a social media post / Engage on team pages**



**Review your monthly goal tracker**



**Plan your next 3 priorities for tomorrow**

**today I will  
win my day!**

# YOU DID IT!

*Executed + Enrolled*

MONTH: \_\_\_\_\_

## ENROLLED TEAM

Consultant 1: \_\_\_\_\_

Find: 1 2 3 4 5 6 7 8 9 10 11 12

Consultant 2: \_\_\_\_\_

Find: 1 2 3 4 5 6 7 8 9 10 11 12

Consultant 3: \_\_\_\_\_

Find: 1 2 3 4 5 6 7 8 9 10 11 12

## ENROLLED PCs

1. \_\_\_\_\_ QV: \_\_\_\_\_

2. \_\_\_\_\_ QV: \_\_\_\_\_

3. \_\_\_\_\_ QV: \_\_\_\_\_

4. \_\_\_\_\_ QV: \_\_\_\_\_

5. \_\_\_\_\_ QV: \_\_\_\_\_

6. \_\_\_\_\_ QV: \_\_\_\_\_

7. \_\_\_\_\_ QV: \_\_\_\_\_

8. \_\_\_\_\_ QV: \_\_\_\_\_

9. \_\_\_\_\_ QV: \_\_\_\_\_

10. \_\_\_\_\_ QV: \_\_\_\_\_

11. \_\_\_\_\_ QV: \_\_\_\_\_

12. \_\_\_\_\_ QV: \_\_\_\_\_

should.  
would.  
could.

did.

## EXECUTED EVENTS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

## EXECUTED 1:1s

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_