



30 DAYS TO HEALTHY LIVING — CLIENT TRACKER

	Client Name	Start Date	Days	Prep Week				Week 1			Week 2		Week 3		Week 4		Post Week		
				At least 5 business days before	7 days before	3 days before	1 day before	1	3	5	8	13	15	16	22	29	30	31	32
				Order 30 Days to Healthy Living Set	Add Client to the team FB group and send welcome email or text	Text or call: Ensure Client has everything they need	Call: Talk with your Client about their goals for the 30 days so that you know how to support	Call: Review Client's first day of Healthy Living; explain typical day of eating	Text: Check in to ask how Client is feeling	Call: Check in to ask if the Client is equipped for the weekend	Call: Kick off Week 2 and check in with your Client	Call: Discuss the CleanTox Gentle Cleanse (if applicable)	Text or call: Ask Client if they'd like to get together for a walk or cup of CleanTox Herbal Detox Tea	Text: Check in and ask how Client is feeling	Call: Ask if Client is running low on product and discuss Client's results so far	Text or call: Offer skincare samples	Call: Offer congratulations	Call: Ask Client for referrals and book a Discover Arbonne	Add Client to any team or personal social media groups to stay connected